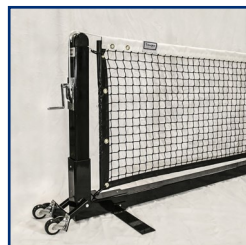


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Nets Coming to May Nissen

With our help, earlier this month, LARPD placed an order for the four heavy-duty, temporary nets that will permanently reside at May Nissen Park. The expected delivery is 60 days or less. When they arrive, they will double the number of courts available for everyone's play in Livermore and help make our events there more manageable.



Stay tuned to the TVPC Announcement chat group on WhatsApp for more info.

New Skills Development Sessions

Intermediate and Advanced:

We are putting together some guided drill sessions to help hone and improve the skills of our more experienced players. These drills are designed to level up your game and improve your overall play. They are easy tips and suggestions and in no way should they be considered a lesson, however, some teaching may be given. Once you learn these techniques, you should be able to practice them on your own and with others. We will incorporate dinking drills, volley drills, serving drills, feet movement drills, teamwork drills, footwork drills etc. Skill levels will be determined on an individual basis per USA Pickleball Guidelines.

Intro to Pickleball:

These has been very popular and they fill up quickly. Our next few will be registered through LARPD and some of these are already full. We encourage you to tell anyone who are interested to check them out on our website.

President's Message

In mid-May, at our May 14th Round Robin Social Tournament, I watched a few games. Some were good and some were amazing. Some of our newer players expressed frustration that they weren't being successful. I tried to explain that their lack of experience was the primary culprit. Later, I thought about my comment as it was only partially true. If being successful was really all about winning, or a nice soft dink, a great kill shot, or a super lob, what else makes a player successful? How do we become better teammates and help our team win?



SIMPLE ANSWER - Drill

From newbies to seasoned veterans, I believe that you play as you practice which translates to drill, drill some more and keep on drilling. No, I am not talking about digging a hole in your yard, or going to the dentist for cavity work, I am talking about practicing to the nth degree. Practice will almost lead to perfection, but we don't need perfection. What we need is consistency in our dinks, ground strokes, volleys, and serves and the only way to achieve consistency is to drill. Drilling or practice, whatever you wish to call it, will lead to fewer unforced errors which equates to consistency which means you have fulfilled a huge goal about being a better teammate. Some players don't like to drill and just play and that's fine for them. I'll reluctantly agree that one may improve without drilling. However, the gains are marginal compared to someone who devotes time and energy to things like dinking for 30 minutes or serving buckets of balls. For anyone playing singles, these principles apply to you too.

So, for the inexperienced players to pickleball, do not allow yourselves to become frustrated because you aren't having a successful game. Time will partially rectify that, the longer you play the better you should be but there is no substitute for sweat on your brow and aches in your muscles. Get out there and drill. The success will start to show up on your front door.

Play on,

- Kirby Wong

New Members

Gold Level Members:

◇ Melissa McElfresh ◇ David Van Lue

Silver Level Members:

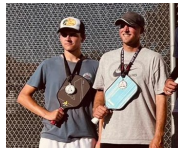
◇ Laura Ditto ◇ Eric Scher
◇ Stacey Eskinazi ◇ Rody Portier

Bronze Level Members:

◇ Diann Boyle ◇ Angelo Nanni Jr ◇ Harpreet Singh
◇ Kathy Cannon ◇ Chris Otani ◇ Stephanie Watts
◇ Tom Krebs ◇ Janet Penn ◇ Janice Gutierrez
◇ Andrea Myers ◇ Selma Samayoa

Tournament Results

Mike Auble and Melissa McElfresh	Gold	3.5	Discovery Bay, CA
Keri McArthur & Paul Hendrickson	Gold	3.0	Discovery Bay, CA
Mary Keller & Jimmy Dang	Silver	3.5	Discovery Bay, CA
Vince Petrilli and Partner	Silver	3.5	Discovery Bay, CA
Larry Bird & Todd Walberg	Silver	3.5	Discovery Bay, CA
Roger Lee & Partner	Bronze	4.0	Discovery Bay, CA
Mats Bodin & Paul Hendrickson	Bronze	3.5	Discovery Bay, CA
Bridget Bernhoft & Paul Kline	Bronze	3.0	Discovery Bay, CA



Using Gravity (Written by Rich Hume)

In the various newsletters, we've talked about dinking, the basics of hitting the ball, and ground strokes. That leaves the serve and over heads left to discuss. But let me save those for a future newsletter. The topic of this month is the use of gravity.

You are at the kitchen line and you get the ball for which you've been waiting. Yes, nice and high, a lazy spin, and you are ready to win the point. You hit down on the ball and put it right in the net. Whoops... If you want to be feared by your opponents, you want to make sure you properly hit the easy shots.

Of course, some are more easy than others and some have the look of an easy shot, but in actuality have very slim margin of error. If we look more closely at the hanging shot at the kitchen line, it should be above the net enough so that you could hit down on the ball if you want to. However, there is a safer way to hit that ball.

Instead of stroking down on the ball, hit it with a stroke that is not down, but level. That keeps you from hitting it into the net. We are going to let gravity bring the ball down into the court. Note that you don't want to hit this shot hard. The softer you hit it, the more time gravity has to pull the ball down.

If you need to drive the ball hard to get it past an opponent, then you will have to hit more down on it, but if you are hitting into an empty court then power is not an issue -- keeping it in is the issue, so hit it gently.

We have thus a blend of speed and angle to master when hitting the "easy" shot. This is fairly true of all shots actually. The slower the shot the more gravity, wind, and spin will move the ball around. Be aware of this, it comes up a lot. Serves are a prime example of this, the harder you hit it, the closer to the net you have to be. Think of safety above all else as you learn the game. Getting the ball in the court is vital, effective and important -- particularly towards the end of a game.

Try this stroke where you hit the ball outwards and not down when you are warming up. Dinks are a lot like this, though more of an upward stroke. Since most people will warm up with some dinking, you can practice then. Also a lot of volleys are hit with this stroke, so deliberately hit some of those with flat swings and see how the ball behaves. You want to know what a down, up, and flat swing do to a shot -- be the master of all of them.

— Rich Hume enjoys thinking about playing great pickleball

Hotdog and Chips Social Event

In late April, we held our first social event and hosted over 40 people who got to meet other members, play some exciting pickleball, and enjoy some food together at May Nissen Park in Livermore. It was great to have seven of the pickleball courts active with our members.

By all accounts, the food was great and the play was even better. We are planning more of these events to help our members get to know each other and be able to plan their play times together.

Special thanks to our many volunteers who helped out:

Fred Quarterman, Betsy Foote, Todd Walberg, Geert Van Loy, Cherie Leines, Doreen Rosengarth, Christine Holsen, Mary Keller, Bill & Linda Benett



Round Robin Social Tournament

In mid-May, we held our first Round Robin Social Tournament with 30 participants in two different skill levels. Many of these players were brave enough to play in their first tournament ever! While scoring was used, the play was recreational and fun. It was wonderful to see seven of the courts at May Nissen Park used for this event and we look forward to more of these types of activities.

The podium for the 3.5 and above: Jimmy Dang, Ozz Zorlu and Matt Wilson

The podium for the 3.0 and below: Michael Cooke, Susan Schmidt, Katheryn Tournat

Shoutouts to the following for their time, equipment and effort that made the tournament enjoyable. Geert Van Loy, Cherie Leines, Kathy Cannon, Fred Quarterman, John Lubeck, Jennifer Lubeck, the Board of Directors, Dan Crask, Matt Wilson, Christine Holsen, Doreen Rosengarth, Rich Hume and anyone else we may have missed.



Join our Facebook group and share your tournament results with us [Here](https://www.facebook.com/GreatPickleball).

(<https://www.facebook.com/GreatPickleball>)



Find us on:
facebook®

Your Board Members:

President: Kirby Wong
Secretary: Lori Dorsey

VP: Robert Beanland
Merch & PR: Larry Bird

Treasurer: Paula Orrell
info@trivalleypickleballclub.com

Interclub Social Event with PoP

In late-May, we held our first Interclub Social event with the Pickleball of Pleasanton (PoP) group. We had 16 players from TVPC and 16 players from PoP participate. We had all eight courts at May Nissen Park in use for this event.

We received great praise from the PoP group for the preparation, food and organization of this event. They are looking forward to more of these types of activities.

Several members of the PoP group have joined the TVPC and we are excited to have them onboard.

Special thanks to our many volunteers who helped out:

Bill and Linda Benett, Rich Hume, Doreen Rosengarth



We are in need of a **Data Collection** volunteer to help collect the reported numbers of people who show up at the various venues. If interested, please send an email to: info@trivalleypickleballclub.com

5% Discount at Pickleball Central

Savings for You and the Club:



When you shop at Pickleball Central, use the code below and you will receive a 5% discount on all merchandise and the Club will receive a 5% credit to use for products the club can use / provide to our members! **CODE: CRTVPC**

Upcoming Events (Registration Available on the Website)

September 10, 2022 ([Register](#) - Limit of 20 people each session)

- Introduction to Pickleball through TVPC at May Nissen Park
- Tell any friends, family or co-workers who are interested in learning the basics
- Our first three events filled up fast, and were a big success

June 25, July 30, August 27, 2022 ([Register](#))

- Pickleball 101: Introduction to Pickleball through LARPD
- See LARPD summer events catalog for more information and registration

July 9th, August 13th, 2022 ([Register](#))

- Intermediate and Advanced Skills / Drills Event at May Nissen Park
- Hone and improve your skills: For our more experienced players

October 8th, October 9th, 2022 ([Register](#))

- Tri-Valley Harvest Crush Tournament at May Nissen Park in Livermore
- Open to Members and Non-Members

