# ckleball

First Annual TVPC Tourney, Hosted by PIG:

We are excited to be hosting our first tournament!

**Harvest Crush Tournament** 

⇒ October 8th: Mens and Womens Doubles



### In This Issue:

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- ⇒ October 9th: Mixed Doubles
- Skill Groups from 2.5 to 4.5
- ⇒ Round Robin Format with Playoffs
- May Nissen Park in Livermore, CA

REGISTER NOW

# **Court Developments**

### **Pleasanton Muirwood Park:**

At a recent meeting of the Pleasanton City Council, where several members of your board attended, a motion was unanimously passed to convert two existing tennis courts into six permanent pickleball courts. A letter writing campaign, coordinated by Dave Burg, was a driving force to get this done. According to our contact at the Parks and Recreation department, the work is targeted to be completed by the end of the year, with the hope of completion by this fall.

### **Livermore May Nissen Park:**

Our contacts at LARPD tell us that the lines should be painted a brighter color soon. As for the heavy-duty, temporary nets that will be kept at May Nissen, we are waiting to hear about their expected delivery date.

# President's Message

### Happy Spring Everyone,

The weather is improving, longer days and more sunshine mean more pickleball. I am pleased to announce that as of this writing the TVPC has 141 registered members. We are growing at a rate that has exceeded my expectations and this a direct result of the hard work put in by your Board of Directors and volunteers.

By now you have seen that we launched three new TVPC WhatsApp chat groups. Two were created to schedule play dates and times. The third is for our club's public service announcements. We have the Beginner/Intermediate app and the Intermediate/Advanced app. Please refrain from adding any content other than scheduling play dates and ΑII other social comments, photographs, tournaments results and avatars are welcome on the club Facebook page or the 'Downs' WhatsApp chat group. From time to time, the TVPC Board will use the



Announcements chat group to let you know about our important club activities and other announcements that will benefit our membership.

A round of applause to the following club members that have volunteered their time in the past 2 months. Bill Bennett, Mike Montin, Mary Keller, Rich Hume, Roger Lee, Doreen Rosengarth, Paul Hendrickson, and Fred Quarterman. Bill for becoming the "Ball Dude" and the others for coaching at various Introductory Pickleball clinics.

Whether you realize it or not, pickleball is a team game. Yes, it involves individual effort, but it also includes being the consummate teammate. Consistent communication is key so by saying, "you, me, yours or mine" you are letting your teammate know what your intentions are and vice versa. Nothing worse than standing there looking at each other while the ball comes shooting between the both of you right? Talk to each other and let your intentions be known, you might win a few more points that way.

One man can be a crucial ingredient on a team, but one man cannot make a team.

- Kareem Abdul-Jabbar

As you read above, the Pleasanton City Council approved the Muirwood Park conversion of two tennis courts into six permanent pickleball courts. Thanks to Dave Burg for spearheading the effort and those of you who made your voices heard.

Be healthy and safe.

- Kirby Wong

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# Tri-Valley Pickleball Club Newsletter

April 2022



# **New Members**

### **Silver Level Members:**

♦ Thanh Hoang
♦ Jennifer Lubeck
♦ Karl Smith

♦ Tejas Kanetkar♦ John Lubeck♦ Judy Lam♦ Asli Mutaf

### **Bronze Level Members:**

Joel Advincula ♦ Joy Hirabayashi-Dethier  $\Diamond$ Gail Olney  $\Diamond$ Merav Dan ♦ Martin Iglesias  $\Diamond$ William Ortiz Prashant Kulkarni  $\Diamond$ **Brian Dethier** ♦  $\Diamond$ Dan Ramirez  $\Diamond$ Dale Dubowy  $\Diamond$ Debbie Lindemann  $\Diamond$ Toni Sarrica Λ Dave Dubowy ♦ Linda Marshall  $\Diamond$ Raquel Shippey Diane Williams ♦ Lorie Dunn ♦ Lisa Martin  $\Diamond$ 

♦ Virginia Edwards
♦ Bob McGarry
♦ June Yu

♦ Andrew Froke ♦ Manish Mittal

# **Tournament Results**

Jimmy Dang & Mike Montin	Gold	3.5	Foster City, CA
Lori Dorsey & Mary Keller	Silver	3.0	Sunnyvale, CA
Dan Gillette & Partner	Bronze	3.0	Foster City, CA
Cherie Leines & Partner	Silver	3.5	Mesa, AZ
Cherie Leines & Partner	Silver	3.5	Mesa, AZ



# Hitting Ground Strokes (Written by Rich Hume)

I've noticed that new players often have problems with ground strokes, more than other shots. It might be that they have to hit more of them, as I would include serves, service returns and third shots as being ground strokes.

In a beginners' game there is rarely much dinking, so if a player struggles at it, it may not be apparent for awhile. If you struggle with ground strokes, it is difficult to get to the kitchen line and start dinking. Good ground strokes are a foundation to the next set of skills.

### Here are some of the fundamentals for ground strokes:

First, I see that many players don't allow enough room in front of themselves when returning a serve or a return of serve. They end up trying to move backwards to hit it, and then find their weight is on a back foot, which is a bad position to hit the ball. Stay behind the baseline after your side serves and when returning a serve. Give yourself some room and time to hit a deep return.

Secondly, most service returns have some cut spin. The ball is spinning in the opposite direction of the path of the ball, and causes the ball to bounce a bit higher and shorter than either a top spin or a shot that is hit flat (with little spin). With a slice spin, the ball tends to bounce lower off the paddle. So, a paddle face that is good for regular shot will produce a netted ball when returning a sliced shot. Slice is a very common spin and needs to be handled. You can lean the paddle more towards the sky (open the face), or swing up a bit, or do a bit of both. During warm up, have your partner hit some slice shots to you. **Looking for the spin on the ball is a good habit.** Most spins in pickleball don't matter much, but the slice spin is the exception.

Thirdly, when hitting any shot, except various smashes, you need to 'lift' the ball over the net. A swing that is more upward in path is needed. The contact area on the ball must be below its equator. This is true for ground strokes and for dinks.

Finally, unless you come from tennis, you might not have much of a shoulder turn when hitting a ground stroke. In reality, due to the light weight of the ball and the paddle, you don't need a lot of energy to hit a shot. A shoulder turn is a good idea, as it uses more of the big muscles of the body and you'll use less arm and hand action, which will create more consistency.

Ground strokes don't have to be hit hard. You are interested in reasonable speed and net clearance only. After you get them all back, we can discuss this more deeply, but getting them over and in, is the big deal.

Rich Hume enjoys thinking about playing great pickleball

Managing Editor: Robert Beanland April 2022
Contributing Author: Rich Hume Page 2



# **USA PICKLEBALL SPORTSMANSHIP GUIDE**

Pickleball was created to be a fun, competitive, and highly social sport. Since its inception, it has embodied an ethic of good sportsmanship that includes respect, fair play, and graciousness in winning and losing. The purpose of this guide is to encourage behaviors that reflect these foundational values. The Official Rules of Pickleball take precedence over this guide in any and all situations.

- Treat all players, officials, volunteers, staff, and spectators with courtesy and respect
  - a) Introduce yourself to any players you do not know
  - Never use foul language / obscene gestures and never denigrate anyone
  - c) At the end of each game, meet the other players at the net to acknowledge them in a positive manner and thank the referee if present
  - d) Accommodate players with adaptive needs when possible
- Know the Official Rules of Pickleball, apply them fairly and cooperate in 2) any situation that is not expressly covered by the rules
- Practice good sportsmanship when making line calls
  - Respect your opponents' right to make all calls on their end of the court a)
  - Call your own shot "out" if you see that it is out b)
  - If you question an opponent's call, do so respectfully and do not argue c)
  - If you defer a line call to your opponents, accept their call graciously d)
  - Do not call a ball "out" unless you see it clearly and are certain it is out e)
  - Promptly correct any wrong call your partner may make f)
  - Resolve any uncertainty in favor of your opponents g)
- Call a fault on yourself or your partner as soon as the fault occurs, 4) regardless of whether your opponents are aware of the fault
  - Watch your own and your partner's feet for service or NVZ foot faults
  - Accept your opponent's and partner's fault calls graciously
  - Admit if the ball hits you or your paddle on the way out of bounds c)
- 5) Claim a replay only if a hinder affects your team's ability to play the ball
- In social play, rotate on and off courts fairly, courteously, and in accordance with local practice
  - Don't jump ahead of others who are waiting to play a)
  - b) Don't invite someone else forward in line or rearrange paddles so they can move up to play with you; move yourself back instead
  - c) Don't call a lower score or start a second game to avoid leaving the court
  - Be prepared to play when it is your turn d)
  - e) If you must cross over or behind an active court, wait until play is stopped and cross quickly in a single group to minimize disruption of that game
- Make safety a priority, while using common sense
  - If a ball strays onto your court, make eye contact with the correct person and roll or toss it back to them without disrupting play on other courts
  - If your ball enters another court, immediately warn any players whose safety may be b) in jeopardy by loudly calling "ball on" or some other warning
  - If the ball is rolling behind their court and does not present a danger to players, do not interrupt play but wait until play stops to retrieve it or ask for its return
  - Never throw your paddle or strike the ball in anger or frustration d)
- As a stronger player in social play, be kind to others
  - a) Avoid hitting excessively to a weaker player
  - Do not slam the ball directly at other players
- Be considerate about playing up and playing down
  - Be willing to play sometimes with less-skilled players a)
  - Do not demand to play with more skilled players; ask them nicely if you wish to play b) with them
- 10) Be a respectful and supportive partner
  - Avoid criticism and negative non-verbal communications
  - Provide coaching and advice only when requested

Join our Facebook group and share your tournament results with us Here.

acebook

Find us on:

(https://www.facebook.com/GreatPickleball)

### Your Board Members:

Secretary: Lori Dorsey

President: Kirby Wong VP: Robert Beanland Treasurer: Paula Orrell Merch & PR: Larry Bird

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# Tri-Valley Pickleball Club Newsletter

April 2022



# **New Membership Discount Levels**

### **Tiered Discounts for Silver, Gold and Platinum:**

The TVPC Board has approved discount levels for most of our membership categories. Discounts apply to club merchandise, TVPC tournament registration fees, and club activity fees.

⇒ Platinum Membership: 20%
 ⇒ Gold Membership: 10%
 ⇒ Silver Membership: 5%



# **Why Numbers Matter**

### Paula Orrell Answers the Question Many People Ask:

I am often asked, "Why do you still need to ask for the daily player numbers? You must have enough information by now." I have decided to answer this question here.

We all know how much this sport is growing and how limited the opportunities are to play. However, the board is often dealing with people and organizations that know little about this game. Keeping track of the player numbers is a vital way for us to make our case for more dedicated pickleball courts. In fact, it is probably the most important way. Not only do you count as players, but you count as voters! For this board to be able to stand before elected officials and request additional facilities, we must prove that we are a group that is now organized and willing to work together toward a common goal: more courts.

We must prove this growth over time. So, I am going to ask you ALL, not just a specific few, to help with the reporting of players. I recently renamed the "May Nissen Courts Updates" WhatsApp group to the "Pickleball Player Count" group. If you weren't already in this group, please join it. It would be very helpful to have people report morning and afternoon player counts at all locations. We need to be more consistently capturing the afternoon players, and that group is showing the most growth. Also, it is better to over-report than under-report. Please don't assume that someone else will do it. We need this data.

Additionally, we need more members in the club. Those numbers matter too! We are off to a good start, but every membership counts to the officials who make the decisions about dedicating new courts. A \$30 annual membership goes a long way to showing Parks and Recreation staff the level of commitment the Pickleball community has to playing this game and having access to better facilities. It won't happen overnight, but with commitment and numbers, we can all make a difference!

# 5% Discount at Pickleball Central

# Savings for You and the Club:



When you shop at Pickleball Central, use the code below and you will receive a 5% discount on all merchandise and the Club will also receive a 5% credit to use for products the club can use / provide to our members! **CODE: CRTVPC** 

### **Upcoming Events** (Registration Available on the Website)

May 14, 2022 (Register - Limited to 40 people)

- Round Robin Tournament at May Nissen Park
- Grouped by skill level and organized for social interaction
- · Limited space available, for Members only
- \$10 entry fee Membership level discounts apply

June 11, July 9, 2022 (Register - Limit of 16 people each session)

- Introduction to Pickleball through TVPC at May Nissen Park
- Tell any friends, family or co-workers who are interested in learning the basics
- Our first two events were a big success and we are planning more

### June 25, July 30, August 27, 2022

- Pickleball 101: Introduction to Pickleball through LARPD
- See LARPD summer events catalog for more information and registration

### October 8th, October 9th, 2022 (Register)

- Tri-Valley Harvest Crush Tournament at May Nissen Park in Livermore
- Open to Members and Non-Members



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