# Tri-Valley Pickleball Club

March 2022



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### **Grand Opening**

#### Weekend of Fun, Great Signups:

Our Grand Opening event was great fun with some good snacks for all who stopped by, and a great success for the club:

- ⇒ Over 100 Members Signed Up
- ⇒ 2 Platinum (Lifetime) Members
- ⇒ Livermore 50%, Pleasanton 25%, Dublin 10%
- ⇒ 30% Volunteering to Help on a Committee
- ⇒ 30% New or 2.5, 30% 3.0, 30% 3.5, 10% 4.0+

## **New Members**

#### Platinum (Lifetime) Members:

These members have stepped up and committed the greatest support to the club and we are extremely grateful to them for their loyalty.



Fred Quarterman





## **President's Message**

#### What is Pickleball?

Pickleball (noun) - A game resembling tennis in which players use paddles to hit a perforated plastic ball over a net. - Lexico.com

Pretty simple if you break it down that way. Why do we insist on playing a game with a perforated plastic ball, paddle and net? Some say that exercise is the answer,



while others claim it's the challenge. Is it the thrill of victory or the agony of defeat? The majority will say the game is fun, entertaining and social. After your endorphins kick in, you may be equally rewarded and frustrated at the same time. Whether you win or lose, the game should ultimately bring you joy. This month, take some time to reflect on what pickleball brings to you and then look in the mirror. You may see a huge smile on your face.

I would like to congratulate every single member of the TVPC. You have made this club a reality and deserve a round of applause. This is your club, and it is what you make it. We have bigger and better things in the pipeline so stay tuned.

- Kirby Wong



We are currently in need of a **Social Media** savvy volunteer to help drive our presence on the various platforms of today. If you are interested, please send an email to: <a href="mailto:info@trivalleypickleballclub.com">info@trivalleypickleballclub.com</a>



# **More New Members**

#### **Gold Level Members:**

$\Diamond$	Bill Benett	$\Diamond$	Puneet Khurana	$\Diamond$	Greg Orrell
$\Diamond$	Linda Benett	$\Diamond$	Paul Kline	$\Diamond$	Vince Petrilli

 $\Diamond$ Bridget Bernhoft Whitney Kramm  $\Diamond$ Doreen Rosengarth

 $\Diamond$ Robert Buonfiglio  $\Diamond$ Roger Lee  $\Diamond$ Vinni Schek

Nick Schenkel **\** Mike Callahan  $\Diamond$ Denise Lenz  $\Diamond$  $\Diamond$ Sammy Chang  $\Diamond$ Tanya Ludden  $\Diamond$ Hector Vega

 $\Diamond$ Sara Gergeo ♦ Renee Mahdavi  $\Diamond$ Darlene Vendegna

Shareef Mahdavi  $\Diamond$ Steve Gross  $\Diamond$  $\Diamond$ Donna Vercelli

Keri McArthur  $\Diamond$ Lisa Hernandez ♦  $\Diamond$ Lynn Wong

Christine Holsen Joel McKay Kelly Youngblood ♦ ♦  $\Diamond$ 

Ozgun (Ozz) Zorlu Mary Keller Mike Montin  $\Diamond$  $\Diamond$ 

#### Silver Level Members:

 $\Diamond$ Mats Bodin Chris Dumlao  $\Diamond$ Rhona Scher  $\Diamond$ David Burg Kate Feit Susan Schmidt 0  $\Diamond$ Jason Chan Jonah Feldman Dani Schord 0 0  $\Diamond$  $\Diamond$ Scott Clemens  $\Diamond$ Gokhan Gunan Kathryn Tournat ◊ Kristopher Hearrean  $\Diamond$ **Carlos Contreras**  $\Diamond$ Ann Triplett  $\Diamond$  $\Diamond$ Michael Cooke  $\Diamond$ Paul Hendrickson Lucy Urrutia  $\Diamond$ 

♦ Jeff Cordtz  $\Diamond$ Hyacinth Hewan  $\Diamond$ Ernie Vega

 $\Diamond$ Dan Crask  $\Diamond$ Liz Paul  $\Diamond$ **Todd Walberg**  $\Diamond$ Bao Dang ♦ Tess Pickett  $\Diamond$ Elaine Welco

 $\Diamond$ Khoa (Jimmy) Dang  $\Diamond$ Dennis Rosario  $\Diamond$ Diane Wood

# Bill the Ball Dude

### Bill Benett Steps up to Buy Balls in Bulk and Offer Balls to Members:

In a gracious show of generosity, Bill Benett has agreed to purchase a few cases of '11 to Win' pickleballs at a volume discount, and then let our membership buy them in smaller quantities of 3 for \$10. Bill's time, effort and all proceeds will benefit the club. Order Here



Pay by Cash, Check, or Venmo (@TriValleyPickleballClub, Code: 8657)

#### How to Dink the Ball (Written by Rich Hume)

In this episode of the Tri Valley Pickleball Club's newsletter, let's look at the art and science of dinking. If you are a beginner, then use this as an introduction and perhaps a map of what to develop and learn in your Pickleball skills' journey. If you are more advanced, then perhaps you will find a new perspective on your craft.

A couple of things that pros do when dinking are good to know:

- Run while extending their arm
- Lean if required to position the paddle
- Stroke the ball, give it a little hit
- Try to land your dinks inside the kitchen line

The stroke is with the arm, not the hand, and it is with a firm wrist joint. Also the angle of the wrist / paddle and the direction of the stroke are important.

The shorter the dink, the more upward, short, and lifting the stroke is. The longer, cross court shots, are more of a push, and shots are flatter in trajectory. Shots to the middle are somewhere in between.

Finally, and very importantly, you want to allow the stroke to lift your paddle back into a position in front of your body and a bit above the net. Then start to move to return the next shot. Most dinks are returned and you want to be ready for the next shot. Paddle up and eyes on the ball!

Let me add some discussion for the new player: The most important item is movement. You need to be in position as early as possible. You have about a second to react and return a shot. You'll do better if you anticipate where the ball will be. Typically most players will hit a dink cross court. There are good reasons for that, it's safer because the net is lower and the hit is harder and thus less of a touch shot. Players are creatures of habit, so keep track of other's dinks and be ready.

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#### How to Dink the Ball (Continued)

Watching the ball all the way to your paddle is very useful too, to improve your consistency.

If you are good with the basics, here are a couple of additional items to consider:

- Don't always hit the same dink: Think cross court, down the line, and to the middle
- The height of the ball at impact is important for control: More on this in a moment
- Breaking out of a dink battle: Not so fast there!
- Use last minute wrist angle changes to alter the ball's direction

Some discussion of advanced topics: Being a player who is unpredictable is a great skill. Knowing where a ball will be is huge, don't help your opponents with that. Dinks are an area where a lot of good players lack variety. Learn to hit the eight possible dinks and use them randomly if possible. (Eight dinks? They are: right of, at, and left of your nearest opponent, down the middle, then right, at, left of your further opponent, and finally the lob dink.)

Where / when to hit the ball? If you move and prepare to hit the dink early enough, play with the height of the ball at impact. Hit it at its apex when going cross court, and let it drop for softer, shorter shots that need more arc in their trajectory. Pro Tip: letting a ball drop on third shot drops is also useful, but that's a discussion for another time.

Dinking is a game of patience and returning dink for dink is difficult if you like to hit the ball hard. However, a good player will continue to dink back until they get a good opportunity to break out of the dink battle. Speed up the ball when you can hit the ball down to / at your opponents, which occurs when the opponents have hit a ball that is above the net and easily reached by you. Trying to hit non-dink returns from good dinks is very difficult. Oh, we all try it, but it's better to be a conservative in dink exchanges. More on this topic later ... Stay tuned

- Rich Hume enjoys thinking about playing great pickleball

# **More New Members**

#### **Bronze Level Members:**

- Sonia Almeida ♦
- Hamid Amini  $\Diamond$
- ♦ Michael Aubel
- 0 Randy Baldovino
- 0 P. J. Bayless
- Rod Bayless 0
- $\Diamond$ Sue Bird
- Λ Jade Carvalho
- ♦ Allan Chan
- $\Diamond$ Eleanor Chinn  $\Diamond$
- Carolyn Daniels  $\Diamond$ Ramin Erfanian
- $\Diamond$ Molly Falcione
- $\Diamond$ Farzin Firoozmand
- $\Diamond$ Betsy Foote Ken Foote  $\Diamond$
- $\Diamond$ Antonio Garcia
- $\Diamond$ Erin Gibson
- Nicholas Gigliotti II

- $\Diamond$ Angel Hernandez
- $\Diamond$ David Hickman
- $\Diamond$ Pia Holliday
- Arthur Hull  $\Diamond$
- Rich Hume  $\Diamond$
- Geffen Kama  $\Diamond$
- Daniel Kapp  $\Diamond$
- $\Diamond$ Stefani Katz
- $\Diamond$ Barbara Lee
- $\Diamond$ Marvin Lee
- $\Diamond$ Michelle Lee
- $\Diamond$ Cherie Leines
- $\Diamond$ Tony Lopes Carlos Marquez  $\Diamond$
- $\Diamond$ Laura McMillin
- $\Diamond$ Randy Munoz Debbie Oberg  $\Diamond$
- $\Diamond$ Kathy O'Loughlin
- George Papadimitriou

- Julie Parkinson  $\Diamond$
- Jose Luis Recoder  $\Diamond$
- JoAnn Sakaldasis  $\Diamond$
- $\Diamond$ Jayaraj Sathiamurthy
- $\Diamond$ Sharon Schommer
- Diane Schord  $\Diamond$
- $\Diamond$ **David Schwantes**
- $\Diamond$ Hazel Scott

 $\Diamond$ 

- $\Diamond$ Renee Souza
- Laura Stark  $\Diamond$ **Annie Thomas**
- Kim Threets  $\Diamond$
- Geert Van Looy  $\Diamond$
- $\Diamond$ Joe Wasik  $\Diamond$ Matt Wilson
- $\Diamond$ Bryan Young
- Lori Young

Join our Facebook group and share your tournament results with us Here.

(https://www.facebook.com/GreatPickleball)



#### Your Board Members:

President: Kirby Wong VP: Robert Beanland Treasurer: Paula Orrell Merch & PR: Larry Bird Secretary: Lori Dorsey

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# Pickleball C



# First Intro to Pickleball Clinic

On March 20th, we hosted the Tri-Valley Pickleball Club's first Introduction to Pickleball session for people who are new to the game and want to find out the basics of playing the game we all love. We had 19 people sign up and taught 15 people the rules, basic skills and watched them play their first games.

Everybody had a great time learning, playing and socializing. We expect to see this group playing and growing together in the future. Please welcome them to the game when you see them.

Keep an eye on our upcoming events for more of these opportunities to help introduce your friends, family and colleagues to the great game of Pickleball.

Thanks to those who donated / contributed paddles for this event. It was greatly appreciated by those who needed them for the clinic.

- ♦ Rod Bayless
- $\Diamond$ P.J. Bayless
- ♦ Robert Buonfiglio
- ♦ Dave Dubowy
- ♦ Dale Dubowy
- ♦ Pia Holliday
- ♦ Meltem Karatepe
- Tina Lanfri
- $\Diamond$ **Tony Lopes**
- $\Diamond$ Asli Mutaf
- $\Diamond$ Yil Mutaf
- John Skaff
- $\Diamond$ Lorraine Skaff
- $\Diamond$ Laura Stark
- Gulsen Yilmaz



# 5% Discount at Pickleball Central

Savings for You and the Club:



When you shop at Pickleball Central, use the code below and you will receive a 5% discount on all merchandise and the Club will also receive a 5% credit to use for

CODE: CRTVPC



Website: www.trivalleypickleballclub.com

Membership Registration Page available online: Here

# Upcoming Events (Registration Available on the Website)

April 9, June 11, July 9, 2022 (Register - Limit of 16 people)

- Introduction to Pickleball through TVPC at May Nissen Park
- Tell any friends, family or co-workers who are interested in learning the basics
- Our first event was a big success (see above) and we are planning more

April 23, 2022 (Register - Last day to register is April 20)

- Hotdog and Chips Social at May Nissen Park in Livermore
- Come and Enjoy some social play and get to know other players
- All Pickleball skill levels welcome

#### May 14, 2022

- Social Round Robin Tournament at May Nissen Park
- · Grouped by skill level and organized for social interaction
- · Limited space available for Members only

#### June 25, July 30, August 27, 2022

- Pickleball 101: Introduction to Pickleball through LARPD
- See LARPD summer events catalog for more information and registration

