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## About Us

### Why We Are Here:

To create a more focused and stronger voice for the pickleball community to facilitate:

- ⇒ More Pickleball Courts
- ⇒ More Player Development
- ⇒ More Social Activities

### Who We Are:

President: Kirby Wong

VP: Robert Beanland

Merch & PR: Larry Bird

Treasurer: Paula Orrell

Secretary: Lori Dorsey

## Memberships (Annual Jan-Dec)

### Bronze (Annual):

- ◇ \$30: Access to all Club Membership activities

### Silver (Annual):

- ◇ \$65: Access + White, Cotton, Logo T-Shirt

### Gold (Annual):

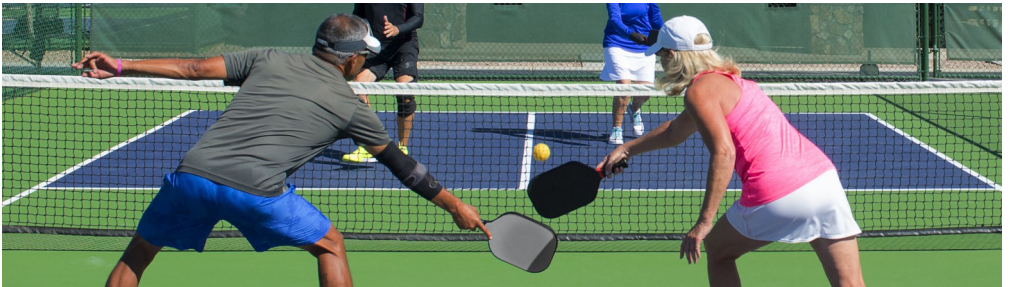
- ◇ \$125: Access + Black, Dry-Fit, Logo T-Shirt

### Platinum (Lifetime, Limited to 15):

- ◇ \$750: Access + Black, Dry-Fit, Collared, Logo Shirt

### Payment Options:

- **Cash**
- **Check** payable to:  
Tri-Valley Pickleball Club
- **Venmo:**  
@TriValleyPickleballClub



**Website:** [www.trivalleypickleballclub.com](http://www.trivalleypickleballclub.com)

Membership Registration Page available online: [Here](#)



## President's Message



Welcome to the first edition of the Tri-Valley Pickleball Club Newsletter. I know you will find it informative and insightful, while bringing you current and future events. I would be remiss if I did not express my sincere thanks to the Board, for without them this newsletter and organization would not be possible. So, thank you to Robert Beanland, Paula Orrell, Lori Dorsey and Larry Bird.

The Tri-Valley Pickleball Club is here for members to enjoy, and in that regard, I hope each of you become involved with the Club. ***Bring your innovative ideas, support the membership, have fun, help the game grow, remain fit and develop lifelong friendships.*** We are part of the fastest growing sport in the USA and the Tri-Valley Pickleball Club is ready to contribute to the great game of Pickleball.

Play on!

- Kirby Wong

## Upcoming Events

### May 14, 2022:

Social Round Robin Tournament

### June 25, July 30, August 27, 2022:

Pickleball 101: Introductory Pickleball Clinic for New Players and Beginners

### October 8 & 9, 2022:

First Annual TVPC Tournament



## Volunteer Opportunities

(All volunteers will work under the advice and consent of the Board of Directors and must be members in good standing)

**Membership Committee:** Help us recruit and intake new members, provide information about the Club and process member applications. It's a fun and easy way to meet new people and help us grow the Club. You will also help plan and execute various membership drives and with the annual renewal drive.

**Tournament Committee:** Help execute tournaments and other competitive activities. These may include intra club activities and / or leagues, finding captains, and scheduling play with other pickleball clubs at both home and away locations. Learn the inner workings of formal tournaments and help make them successful.

**Social Committee:** Help with social functions such as picnics, potlucks, etc. Help with the Facebook page and other platforms. Also work with Tournament committee personnel to create and manage special events such inter-club matches, tournaments, and social play. Bring your inner Party-Animal!

If you are a member in good standing and are interested in applying to any of these positions, please use the [Contact Us](#) page on the website and let us know.



**New Members and  
Tournament Results**

## How to Hit the Ball (Written by Rich Hume)

Allow me to draw on conversations I've had with Scott Clemons about how to hit the ball. You might see this as a basic skill, but in my observation, few do it properly. It's skill you want to have to play better and run less. This topic is not completely covered here, but there is enough to get started.

Pickleball, with its light paddles and lighter ball, is a sport that requires little strength. This allows for a lot of inefficient technique that will work most of the time. But the problems with a bad setup and stroke propagate into later shots in the point.

**Here is what we want to do:** The ball is being hit by the opponents and it just might come to you. You want to be ready if only to keep your partner happy. To be ready, you want to have a stance wide enough to allow you to move left, right, and forward easily. (Moving back can be done too, but more on that later.) And, you need to be stopped! You did stop as the ball was hit, didn't you? The body is in a bit of a crouch, the paddle is out in front of the chest.



The ball comes your way, you move to intercept it, stop, take a modest shoulder turn to move the paddle to the proper side, a minimal arm back swing and hit the ball with a shoulder rotation. Note that you are stopped again while you hit the ball. Oh, you can run through the shot if its not too challenging, but you'll be better off stopping and hitting a better shot than running through it, hitting weakly, to gain some travel into the court. Pickleball paddles have small sweet spots, hitting a shot

“on the strings” is important. **The ball slows down dramatically during a shot; you have more time to hit it back than you think you do.** Take your time and make it a good one.

Last point in regards to moving backwards ... From the ready position, you can move backwards, but it's not easily done, and requires a lot of turning. For that reason, you want to get ready deep in the court. Leave room in front of you for the ball to bounce. That might mean that when expecting a service return you'll be setting up behind the base line. Nothing wrong with that, and a lot correct about it.

Pickleball should have been called ‘Kitchenball’, as the team that gets to the kitchen line has the advantage. Ironically, being further back in the court, stopping earlier and hitting from a stopped position will allow you to move forward more easily. You'll also avoid the dreaded “two steps back to hit the ball” dance that I see constantly. You'll become a player in command and looking relaxed. It's all about the image.

Join our Facebook group and share your fun and adventures with us [Here](https://www.facebook.com/GreatPickleball).

(<https://www.facebook.com/GreatPickleball>)

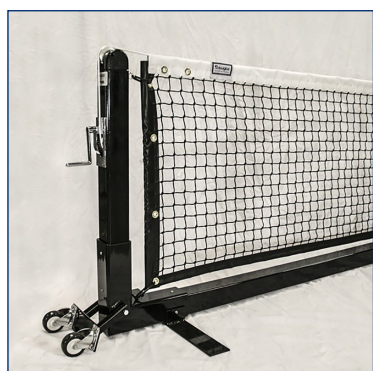


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## Court Developments

Your Tri-Valley Pickleball Club Board of Directors has been working behind the scenes with various Parks and Recreation departments to help increase the number of dedicated pickleball courts in the Tri-Valley. Here are some of the projects we have been involved with.

In Livermore, there have been several meetings with Livermore Area Parks and Recreation Department (LARPD) personnel to improve the pickleball experience at May-Nissen Park. With our guidance, LARPD is committed to providing at least **four**,



**high-quality and high durability, movable nets** for recreational play. They are also going to **repaint the current black pickleball lines** to a more vibrant and visible color, with paint that will be non-skid, to avoid the skipping behavior at the Livermore Downs Park. Finally, there are plans to have **wind screens on all court fencing**, not just on one fence, as it is now. There are no specific dates for these installations, but we were told they are targeting when the dry weather is more dependable. Stay tuned for updates. Furthermore, the city of

Livermore will be publicizing a monthly 'Pickleball 101' event for new players that will be mentioned in their summer events catalog. They will credit the Tri-Valley Pickleball Club for putting on this event.

In Pleasanton, four of the board members recently attended a community meeting which was held at Muirwood Community Park in Pleasanton, regarding the **proposed conversion of two tennis courts into six dedicated permanent pickleball courts** within the existing tennis structure. The courts will be completely resurfaced, with a tall dividing fence to separate the two remaining tennis courts from the six new pickleball courts. There is also a proposed fence that will separate the ends of the courts to cut down on balls going between courts. At the meeting, the Tri-Valley Pickleball Club board members spoke with members of the Pleasanton Parks and Recreation Department, who were



thrilled to hear about the Club's formation and encouraged us to come and meet park personnel as well as provide input and feedback regarding the development of these courts. The estimated completion date for this project is sometime between the fall of 2023 and the spring of 2024, but Parks and Recreation officials assured us that this project is a very high priority for them.

Your board will continue to advocate for more dedicated pickleball courts in the Tri-Valley area and we look forward to strengthening the relationships with local municipalities. One key value that we can bring to our relationships is a regular and continuous report of player activity, for each day at the various pickleball venues.

**Please help provide this player count information through the WhatsApp groups.** It will also be critical to our success that we are able to illustrate that we are an engaged and vital club with a large membership, so make sure you become a member as soon as possible.